

Soaring Above It All with Laquanza



BLOG



Reflection
Questions

Let's talk about it!

[illegible]

SMTWTFSS

RELEASE WHAT
NO LONGER
Serves YOU

Decorative border with floral motifs in the corners.

Horizontal lines for writing.

RELEASE WHAT
NO LONGER
Serves YOU

Decorative butterflies around the text.

[illegible]

SMTWTFS

RELEASE WHAT
NO LONGER
Serves YOU

[illegible]

Date: _____

SMTWTFS

RELEASE WHAT
NO LONGER
Serves YOU

Decorative border with floral motifs in the corners.

Horizontal lines for writing.

RELEASE WHAT
NO LONGER
Serves YOU

Several pink and white butterflies are scattered around the text, adding a decorative touch.

Date: _____

SMTWTFS

RELEASE WHAT
NO LONGER
Serves YOU

[illegible]

Date: _____

SMTWTFS

RELEASE WHAT
NO LONGER
Serves YOU

Decorative border with floral motifs at the corners and horizontal lines for writing.

RELEASE WHAT
NO LONGER
Serves YOU

Date: _____

SMTWTFS

RELEASE WHAT
NO LONGER
Serves YOU

Decorative border with floral motifs in the corners.

Horizontal lines for writing.

RELEASE WHAT
NO LONGER
Serves YOU

Several pink and white butterflies are scattered around the text, adding a decorative touch.

Date: _____

SMTWTFS

RELEASE WHAT
NO LONGER
Serves YOU

[illegible]

Date: _____

SMTWTFS

RELEASE WHAT
NO LONGER
Serves YOU

This image shows a full-page view of a decorative journal or notebook. It features a black border with intricate white scrollwork in each corner. The interior of the page is filled with horizontal ruling lines. In the bottom right corner, there is a motivational phrase: "RELEASE WHAT NO LONGER Serves YOU". The words "RELEASE WHAT" and "NO LONGER" are in a bold, black, sans-serif font, while "Serves YOU" is in a cursive script. Several pink butterflies are scattered around the text, adding a whimsical touch.